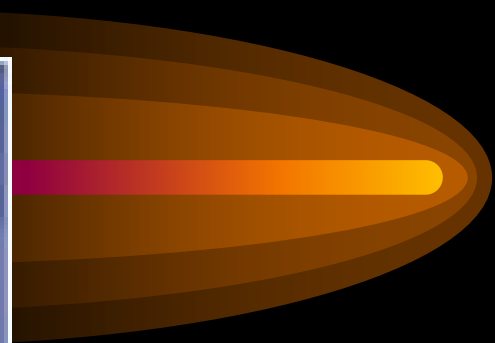


Talking to Patients



Talking to Patients about WCB

- Effective communication is vital
- To have a rapport with the patient helps the consent process
- To ensure the patient understands what is being said and how much they have retained – information overload!!
- Support for the patient and family

Communication



- Communication is also essential with other health professionals to continue with the success of the Wales Cancer Bank.
- Pathology Departments
- Wards
- Theatre
- Clinics
- MDT's

Who should consent?

- For the Wales Cancer Bank it was thought that nurses would be best to consent patients
- Dedicated to the project
- Integrated in the hospital so has contacts with other Health Care Professionals – vital for WCB
- Experience of working with patients
- Understanding the disease process
- Helping the patient through their cancer journey

Hurdles



- Talking to patients at such a vulnerable time
- When is the moment right?
- Research nurse is usually thought last in the line to see patients in clinic - why is this?
- Patient choice to consent not the surgeon!
- Timing - low risk of harm
- Environment

Why me??



- Anger
- Denial
- Depression
- Bargaining
- Acceptance
- (Elisabeth Kubler-Ross
8/07/26 – 24/08/04
RIP)

Body Image



- Surgery
- Looking at self for the first time
- Scars
- Tearful
- Angry
- How will partner react
- Life after cancer

Chemotherapy/Radiotherapy



- Trying to juggle your home-life with having treatment for cancer is difficult for most patients
- Most people luckily have the support of family & friends to help but some patients have no-one

Quality of Life



- It's not the years in your life that count. It's the life in your years. ~Abraham Lincoln

Seeing it from the other side



- I acted as a carer/relative for a friend during her cancer journey
- I attended all her appointments with her from beginning to end
- The care she got from all staff in all areas was 100%
- The NHS is not all that bad!!!!

Life after Cancer



- Now working with Wales Cancer Bank
- Volunteer in the Maggie's cancer centre
- Fundraising for Cancer Research Wales
- Member of the Swansea Patient Group for CRW
- Two days a week caring for grandchildren, 2 & 8yr old busy boys!!

Quote of the day!!



Cancer has changed my life, I
appreciate each day now and look
forward to the future (friend/
patient/colleague)

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